**ACADEMIC DISCIPLINE OVERVIEW**

1. **Program data**

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| **1.1.** | **GRIGORE T. POPA UNIVERSITY OF MEDICINE AND PHARMACY IASI** | | | | | | | |
| **1.2.** | **FACULTY OF MEDICAL BIOENGINEERING** | | | | | | | |
| **1.3.** | **PROGRAMME:** Physio-kinetotherapy and rehabilitation | | | | | | | |
| **1.4.** | **STUDY FIELD:** Health | | | | | | | |
| **1.5.** | **STUDY CYCLE**: UNDERGRADUATE | | | | | | | |
| **1.6.** | **STUDY PROGRAMME:** INENGLISH | | | | | | | |
| 1. **Subject data** | | | | | | | | |
| **2.1.** | **Subject: Medical psychology and communication techniques RE 1116** | | | | | | | |
| **2.2.** | **Module leader: Associate Professor Iorga Magda** | | | | | | | |
| **2.3.** | **Seminar leader: Associate Professor Iorga Magda** | | | | | | | |
| **2.4. Year of study** | | **1** | **2.5. Semester in which is taught** | **2** | **2.6. Evaluation type** | C1 | **2.7. Subject status** | Mandatory  DC |

1. **Overall Time Estimates (hours/semester of didactic activity)**

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| --- | --- | --- | --- | --- | --- | --- |
| * 1. **Number of hours per week** | 2 | **Of which: 3.2. lectures** | | 1.5 | * 1. **seminar/ laboratory** | 1 |
| * 1. **Total hours in the curriculum** | 35 | **Of which: 3.5. lectures** | | 21 | **3.6. seminar/ laboratory** | 14 |
| **Distribution of time** |  |  | |  |  | Hours |
| **Study time using coursebook materials, bibliography and notes** | | | | | | 5 |
| **Further study time in the libray, online and in the field** | | | | | | 5 |
| **Preparation time for seminars / laboratories, homework, reports, portfolios and essays** | | | | | | 5 |
| **Tutoring** | | | | | | 2 |
| **Examinations** | | | | | | 2 |
| **Other activities** | | | | | |  |
| **3.7. Total hours of individual study** | | |  | | | 15 |
| **3.8. Total hours / semester** | | |  | | | 50 |
| **3.9. Number of credits** | | |  | | | 2 |

1. **Prerequisites (where applicable)**

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| **4.1. curriculum** | * No condition |
| **4.2. competences** | * No condition |

1. **Conditions (where applicable)**

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| **5.1. for lecture delivery** | No condition |
| **5.2. for seminar / laboratory delivery** | No condition |

1. **Specific Competences Acquired**

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| **Professional Competences (knowledge and skills)** | * To shape a more precisely psychological profile of the patient * To apply an appropriate intervention using the bio-psycho-medical model of the disease * To identify psychological manifestation of the patients with chronic diseases |
| **Transversal Competences (roles, personal and professional development)** | * To differently construct the communication adapted to each patient profile * To develop the team abilities |

1. **Obiectives of the Discipline (related to the acquired competences)**

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| **7.1. General Obiective** | Acquiring general knowledge of medical psychology and the applicability in the medical field |
| **7.2. Specific Obiectives** | * awareness therapeutic intervention various ways depending on the particular person and the disease * developing skills of a person's psychological evaluation |

1. **Contents**

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| **8.1. Lecture** | | **Teaching methods** | **Comments** |
| Introduction to medical psychology | | lecture | 1 lecture (2h) |
| Personality. The domains of the personality (temperament, character and aptitudes). The concept of intelligence. Emotional intelligence. | | lecture | 3 lectures (6h) |
| Normality and abnormality. Health and Disease and the doctor-patient relationship. | | lecture | 2 lecture (4h) |
| Language and communication. Doctor-patient communication. | | lecture | 2 lecture (4h) |
| Mental stress. The impact of stress on health. Positive stress and negative stress for both patients and doctors. | | lecture | 1 lecture (2 h) |
| Psychotherapies. | | lecture | 1 lecture (3h) |
| **Bibliography**  **mandatory**  1. G. Matthews, I.J. Deary, M.C. Whiteman, Psihologia personalitatii, Editura Polirom, 2012.  2. M.Zlate, Fundamentele psihologiei, Editura Polirom, 2009.  **selective**  3. M.Golu, Bazele psihologiei generale, Editura Universitara, Bucuresti, 2004.  4. Doina Cosman, Psihologie medicala, Editura Polirom, 2010 | | | |
| **8.2. Seminar / Laboratory** | **Teaching methods** | | **Comments** |
| Personality | Tests, self-evaluation | | 1 seminar |
| Psychological evaluation of the patient | Tests, self-evaluation, questionnaires | | 1 seminar |
| Doctor-patient relationship. | Debate. Play role. | | 1 seminar |
| Doctor-patient communication. | Play role. | | 2 seminars |
| Psychosomatic disorder. Eustress and Distress for patients and doctors | Individual presentation. | | 1 seminar |
| Psychoterapies. Case studies. | Portfolio. | | 1 seminar |
| **Bibliography**  **mandatory**  1. G. Matthews, I.J. Deary, M.C. Whiteman, Psihologia personalitatii, Editura Polirom, 2012.  2. M.Zlate, Fundamentele psihologiei, Editura Polirom, 2009.  **selective**  3. M.Golu, Bazele psihologiei generale, Editura Universitara, Bucuresti, 2004.  4. Doina Cosman, Psihologie medicala, Editura Polirom, 2010 | | | |

1. **Correlation of the discipline contents with the expectations of the epistemic community, professional associations, and representative employers from the afferent program field**

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| Knowledge and abilities are established as didactic objectives and specified as such in the analytic programs that are revised yearly. After their analysis by the study discipline staff, these are discussed and approved in the Curricular Committee, towards curricular harmonization among the various study disciplines. Along this entire process systematic evaluation is performed, directly if possible, regarding the correspondence of the contents to the expectations of the academic community and of the representatives of the social community, professional associations, and employers. |

1. **Evaluation**

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| **Type of activity** | **10.1. Evaluation criteria:** | **10.2. Methods of evaluation** | **10.3. Percentage of final grade** |
| **10.4. Lecture** | Grade for multiple choice test | standardized multiple choice test | 50% |
| **10.5.Seminar/ Laboratory** | Average grade of ongoing examinations | ongoing evaluation | 10% |
| Grade for practical examination | practical exam | 40% |
| **Minimum standard of performance: at least grade 5 to pass the discipline** | | | |

Date: 26.09.2019  **Signiture of Didactic Co-ordinator**

Associate ProfessorMagdalena IORGA, Ph-D

**Department approval date**

30.09.2019 **Signature of department director**

Lecturer Daniela-Viorelia Matei, Ph-D