**ACADEMIC DISCIPLINE OVERVIEW**

1. **Program data**

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| 1.1. Higher education institution | Grigore T. Popa University of Medicine and Pharmacy Iasi |
| 1.2. Faculty | Medical Bioengineering |
| 1.3. Department | Biomedical Sciences |
| 1.4. Field of study | Health |
| 1.5. The cycle of studies | Bachelor |
| 1.6. Study program / qualification | Balneo-physiokinetotherapy and rehabilitation – english language / Physiokinetotherapist |

**2. Discipline data**

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| 2.1. Name of the discipline / Code | **a. Play therapy** | **RE1220** |
| 2.2. Teaching staff in charge with lectures | **-** |
| 2.3. Teaching staff in charge with practical activities | **Associate Professor Magdalena Iorga, PhD** |
| 2.4. Year of study | **II** | 2.5. Semester | **1** | 2.6. The type of assessment | **Colloquium, C1** |
| 2.7. Discipline type | **Elective** | **Specialty discipline** |

**3. Estimated total time (hours/semester of didactic activity)**

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| 3.1. Number of hours / week: | 3.2. Courses number of hours / week | 3.3. Seminars / practical classes number of hours / week |
| Semester 1 | **1** |  | **1** |
| Semester 2 |  |  |  |
| 3.4. Total number of learning hours: | **14** | 3.5. Of which: Courses |  | 3.6. Of which: Seminars / practical classes: | **14** |
| 3.7. Distribution of individual study time: | Hours sem. 1 | Hours sem. 2 |
| Study time using course book materials, bibliography and hand notes | 6 |  |
| Supplementary documentation in the library, using specialised platforms via internet and by field work | 20 |  |
| Preparation time for seminars / practical classes, study themes, reviews, portfolio and essays | 5 |  |
| Tutorship | 3 |  |
| Examinations | 2 |  |
| Other activities | 5 |  |
| Total hours of individual study (*without examinations*) | **36** |  |
| 3.8. Total hours per semester | **50** |  |
| 3.9. Number of credits | **2** |  |

**4. Preconditions (where applicable)**

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| 4.1. of curriculum | Deontology |
| 4.2. of competences | Identification of roles and responsibilities in a multidisciplinary team and the application of communication techniques and effective work within the team and in relation to the patient |

5. **Conditions (where applicable)**

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| 5.1. for lectures | No condition |
| 5.2. for seminars / practical classes | No condition |

**6. Specific competences acquired**

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| **Professional competencies** | **C1.3** | The application of physical therapy programs correlated with the functional diagnosis and according to the doctor's indications, also carrying out secondary prophylaxis. Recognition of clinical symptoms and signs of neuromuscular disorders. Identifying the techniques of physical therapy and play therapy important in medical recovery.To evaluate the psychological and physical health of patients using play as a toolTo be aware about the importance of using play adapted to each category of patients considering age/pathology etc |
| **C. 1.5** | Development and implementation of new physical therapy protocols. Using basic knowledge to apply play therapy techniques adapted to the type of pathology. |

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| **Transversal****competencies** | **CT3** | Effective use of information sources and resources for communication and assisted professional training (Internet portals, specialized software applications, databases, online courses, etc.) both in Romanian and in an international languageTo develop and practice communication skills To develop and practice the skills of using play in medical settings |

7**.** **Objectives of the study discipline (according to the grid of specific competences acquired)**

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| 7.1. General objective | To acquire general knowledge about the use and methods applied in playtherapy |
| 7.2. Specific objectives | To develop skills in using play, communication and therapy  |

**8. Contents**

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| **8.2. Practical activities - seminar**  | **Teaching methods** | **Observations** |
| 1 | Therapy, play therapy and the use of play to diagnose, evaluate and rehabilitate. | Play role, debate, brainstorming. | 2 hours |
| 2 | The use of playtherapy in working with patients with different ages, chronic diseases and disabilities. | Play role, debate, brainstorming. | 2 hours |
| 3 | The construction and utilisation of toys and ojects for playtherapy. | Play role, debate, brainstorming. | 2 hours |
| 4 | The use of draws, sand and water in physiotherapy. | Play role, debate, brainstorming. | 2 hours |
| 5 | The use video-games and physical activities in physiotherapy. | Play role, debate, brainstorming. | 2 hours |
| 6 | Working with physical chronic diseases (obesity, etc) | Portfolio  | 2 hours |
| 7 | Working with mental chronic diseases (Autism, Down, etc) | Portfolio  | 2 hours |

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| **8.3. Bibliography:** |
| ***Mandatory:*** |
| 1. Discipline lectures from E-learning platform
2. Magdalena Iorga, Camelia Soponaru. Medical psychology and counseling. Editura Junimea, 2018.
 |
| 1. Kaduson, H., & Schaefer, C. (2010). *101 favorite play therapy techniques* (Vol. 3). Jason Aronson
 |
| ***Elective:*** |
| Schaefer, C. E., & Cangelosi, D. M. (2002). *Play therapy techniques*. Rowman & Littlefield |
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**9. *Correlation of the discipline contents with the expectations of the epistemic community, professional associations, and representative employers from the afferent program field***

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| Knowledge and abilities are established as didactic objectives and specified as such in the analytic programs that are revised yearly. After their analysis by the study discipline staff, these are discussed and approved in the Curricular Committee, towards curricular harmonization among the various study disciplines. Along this entire process systematic evaluation is performed, directly if possible, regarding the correspondence of the contents to the expectations of the academic community and of the representatives of the social community, professional associations, and employers. |

**10. Evaluation**

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| Type of activity | Assessment criteria | Evaluation methods | Contribution to the final grade |
| Practical activities | Activities carried out in laboratory and conducted quality essays. | Colloquium practical activity | 80% |
| Individual study | Preparation time for seminars / practical classes, study themes, reviews, portfolio and essays.Study time using coursebook materials, bibliography and hand notes, documentation in the library, using specialised platforms via internet and by field work. | Tests during the semester | 20 % |
| Minimal performance standard:* indications of play therapy in rehabilitation
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| Date | Holder of course / signature, | Holder of practical activities / signature, |
| 11.09.2024 |  | Associate Professor Magdalena Iorga, PhD |

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| Date of approval in the Department Council/Teaching Council,  |
| 19.09.2024 |  | Department director / signature, |

Associate Professor Daniela-Viorelia Matei, MD, PhD